

GFWC-NC District 4: Community Service Betwixt and Between

Fall 2022 Newsletter



President's Message

Vanessa Lowder

presidentgfwncdistrict4@gmail.com



Happy Fall to the Clubwomen of District 4!



As the temperatures cool, the outdoors beacons! Maybe a way to celebrate the new season is to focus on our President's Special Project: the **Mountains-to-Sea Trail**.

Did you know that the MST turns 45 this month??
What better way to celebrate than to take a hike!

Don't forget that the "Piedmont" Section of the trail (over 225 miles) runs straight through District 4. Click [here](#) for more information on all things MST.

On **Saturday, September 24** the Mebane Trail Rangers (a branch of the Mebane Woman's Club) will co-host the premiere of The Foundation episode of "I Am The MST"— a 4-part series on the trail at the Orange County Public library. Click [here](#) to find out more.

Fall is a busy time for club work. Are you keeping track of everything?
District Four Fall Calendar

September 2022

- If you haven't already, send Sallie Southall Cotten Scholarship Information to the schools
- Schedule student arts contest in your community; and clubwoman's arts contest in your club.
- Make sure you and club members register for the **District Fall Meeting (see page 2 for details)**
- Complete your club's entry for District 4 Immediate Past President Award. **DEADLINE IS SEPTEMBER 26TH**

October 2022

15th District Four Fall Meeting: Location - Grace United Methodist Church, Greensboro—8:30am —1 pm See page 2

26th-30th Southeastern Region Fall Meeting: Lexington, Kentucky

November 2022

1st GFWC-NC LEADS Applicants due to District President. See page 3

2022-2024 GFWC-NC District 4 Officers*

President

Vanessa Lowder (Greensboro W.C.)
presidentgfwncdistrict4@gmail.com

First Vice President –
Membership

Maxi Walker (Greensboro W.C.)
maxiwalker@yahoo.com

Second Vice President —CSP &
Reports Chair

Eleanor Oliver (W.C. of Southwest Guilford) EOHome@aol.com

Secretary

Jill Sutphin (GFWC Triad W.C.)
wizardofoz27@gmail.com

Treasurer

Cindy Baggett (Sedgefield W.C.)
Baggett.fun@gmail.com

District Advisor-Immediate Past
President

Fran Pollock (Sedgefield W.C.)
ladyepollock@gmail.com

**(Note: the positions of Third Vice President –Junior Director and Junior Membership Chairmen are unfilled. If you know someone who would like to be appointed to these positions, please contact Vanessa Lowder).*



District 4 Fall Meeting

Club presidents should have received the official call for our District Meeting which will be held on **Saturday, October 15th** in Greensboro. It is very exciting to be back to “normal” with our meeting format after the last 2 1/2 years. I hope you will encourage your club members to attend. There will be something for everyone! (Masks are welcome). **The deadline for registration is Monday, October 3rd.** ([Call is here](#) in case you missed it).

We will have the privilege of hearing from **GFWC-NC 1st Vice President Cindy Hewett**, who will not only bring greetings from the state executive board, but provide a workshop for everyone on **Reporting and Awards**. This will prove to be very timely, since there are changes to our procedures.

District Four 1st Vice President Maxi Walker will lead a workshop on **Membership**. She will be assisted by three of our district clubs who have been recognized for achievements in membership.

We are fortunate to have **Lori Seiler, GFWC-NC Leadership Co-Chairman**, as a District 4 member, who will provide a workshop on **Leadership**.

Reasons You Don't Want to Miss District 4's Fall Meeting:

- o **Great ideas on Reporting, Awards, Membership, and Leadership**
- o **Beautiful District 4 Bandanas can be Pre-purchased (see below)**
- o **Every attendee will have the opportunity to complete a simple decorative craft symbolizing the MTS Trail**
- o **You can try your hand at a Federation Crossword Puzzle and Word Search**
- o **A wonderful continental breakfast will keep you going**
- o **You could win a great raffle basket (see below)**
- o **See who receives the Immediate Past President Award**

Win a Great Themed Basket at the Fall Meeting!

GFWC-NC has pledged \$11,175 to the Mountains-to-Sea Trail to help build kiosks along the trail. The District 4 Executive Committee would like to help in this effort by pledging **\$1,175** from District 4 over the next two-year administration. (Since the trail is 1,175 miles long, that's a dollar a mile).



To begin earning these funds, you will be given the opportunity to buy raffle tickets for some great themed baskets at the Fall Meeting. The Executive Board is building a **“Fire-Pit Basket,”** with an actual portable fire-pit filled with items that you would use around a campfire. Sedgefield Woman's Club has promised a **“Beach-Themed Basket,”** and Burlington Woman's Club is putting together a **Winter/Christmas Basket**. If your club would like to donate a basket, please contact [Vanessa Lowder](#).

District 4 Bandana Sale — \$5 Each

In recognition of the GFWC-NC President's Theme and Special Project, each district has been assigned a distinctive nature-inspired bandana. **Our color is gray**—a very neutral “go with anything” shade. Members are encouraged to wear these any way they want for district and state meetings, using them to display badges that members will earn over this administration. They are 21.5" X 21.5" light weight cotton paisley. If you would like to purchase one, please add a \$5 fee to your Fall Meeting registration and your bandana will be ready for pick-up when you arrive.



Looking for Entries:

Please consider honoring your **Immediate Past President** by entering her to receive this District award. Here is a [link](#) to the application information. **The entry is due by September 26th**

If your club has lost a member through death since the last Fall meeting, please contact [Vanessa Lowder](#) in order to have her name included in the District Chaplain's memorial service during this year's meeting.

Sallie Southall Cotten Scholarship

(From Denane Owen — Scholarship Chairman)

GFWC-NC honors one of our past presidents by presenting a 4-year scholarship to a superlative NC high school senior.

Why would GFWC-NC choose to honor Sally Southall Cotten with a scholarship? According to Sally Southall Cotten's own philosophy, "It is an interesting fact that woman's activities beyond her own home began with an effort for more knowledge, more culture, and a demand for universal education. From the Garden of Eden to the present day the Tree of Knowledge has allured her, and her persistent application of her knowledge to the betterment of human life has contributed much to the onward march of civilization." (2 – 3)

The **District 4 Sallie Southall Cotten Scholarship** will be awarded to an outstanding senior high school student (male or female) nominated by a local GFWC-NC club in the district. Both the winner and runner-up will receive a onetime scholarship payment to the North Carolina college or university they will be attending. Scholarship amounts will be determined by the District 4 Board at the upcoming District 4 Fall Meeting on Saturday, October 15th.

Visit the GFWC NC District 4 Scholarship website page (<https://www.gfwcncdistrictfour.org/scholarships.html>) for more information including required forms and expected due date.

Club candidate packet (including application form, recent photograph, student personal letter, letter of recommendations, high school transcript, copy of parent's Federal Tax Return or FAFSA Summary, and Parent Release Form) is **due no later than December 30, 2022 to:**

Denane Owen
howen2010@gmail.com
223 Engleman Avenue
Burlington, NC 27215

Reference

Sally Southall Cotton, *History of the North Carolina Federation of Women's Clubs 1901 – 1925* Edwards & Broughton Printing Company, 1925) p. 2 - 3

GFWC-NC LEADS

The GFWC-NC LEADS program is a training seminar which builds on GFWC's goal of developing future leaders.

The **Leadership, Education, and Development Seminar** identifies members at the local level who have the potential and desire to assume leadership positions. Participation in LEADS can help up-and-coming leaders gain the capabilities, confidence, and commitment necessary to pursue and achieve higher offices and serve with distinction.

Each district sponsors one member to represent them annually at the GFWC-NC LEADS session, typically held in January. They receive a complimentary dinner, and one-half night's accommodations, breakfast, and lunch at a designated hotel. District LEADS candidates will be given the opportunity to learn about GFWC, as well as receive specialized leadership training to share with her district and club. From the GFWC-NC session, one district LEADS representative will be chosen to represent North Carolina as the LEADS candidate and attend the GFWC LEADS training at the GFWC Annual Convention

We encourage club presidents to start the process of identifying future leaders in their membership. Criteria to consider can be found on the [GFWC-NC District 4 webpage](#), under "Club Resources"



District Entries are Due to Vanessa Lowder by NOVEMBER 1st.

District 4 Awards for 2023

Keep in mind the following awards for entry in February:

- **Outstanding Citizenship and Patriotism Award**
Entry Due: February 1st
Presented: District Arts Festival
- **General Clubwoman of the Year Award**
Entry Due: February 1st
Presented: District Arts Festival
- **Junior Clubwoman of the Year Award**
Entry Due: February 1st
Presented: District Arts Festival
- **Communications and Information Award**
Entry Due: February 1st
Presented: District Arts Festival

Spotlight on the Clubs of GFWC-NC District Four

Each issue of our District Four newsletter will spotlight at least one of our district clubs. In this issue we highlight **three** clubs who are each making a difference in their community. We would love to feature your club. Please send information to [Vanessa Lowder](#).

Club Spotlight: GFWC Northwest Guilford Woman's Club

In recognition of September 11th, Northwest Guilford Woman's Club prepared baskets of snacks and games like Sudoku, crossword puzzles, etc. for first responders in their area.

Volunteering with local veterans is a major focus of this club. Members are very involved with [Triad Honor Flight](#), which flies veterans to Washington, DC to experience memorials dedicated to their service. Club members donate food items and provide decorations at the airport. They provide their presence during the flight's send off and welcome the veterans back to the airport. Some Northwest Guilford club members also act as guardians and bus captains during the flight. They are assigned to a Vet and stay with them throughout the day-long trip, assisting them when needed.



On Veteran's Day they will assist with TWO ceremonies in their area handing out flags, water and expressions of gratitude to those who served.

Other upcoming projects for this active club include: A trash pick-up on a local highway; Cooking and serving chili and desserts to guests of Greensboro Urban Ministry one day each year; Support of the Summerfield Christmas Store which provides a Christmas shopping experience for parents in need, where members provide gifts and volunteer in the store.

The Northwest Guilford Women's Club was formed in 2017 and has truly made a difference in their community. Their president is **Tiffany Hansen**. You can follow them on [Facebook](#).

Club Spotlight: Woman's Club of Southwest Guilford

The Woman's Club of Southwest Guilford recently held their September meeting with the Civic Engagement CSP presenting a program on the topic of Dementia. Rona Klein, community engagement speaker for the Alzheimer's Association, spoke on Effective Communications with a person with dementia. After the presentation, members took prepared materials and hand sewed buttons and pinned items onto Fidget Blankets for sewing. Fidget Blankets are designed with many different textures and moving parts to keep a person with dementia busy. Zippers, pockets, buttons, pieces to tie or untie or Velcro to attach and reattach. Members will meet later to finish the blankets with sewing machines.



Club members are meeting on October 6th to hike the Cascade Preserve Loop in Oakridge. They will be met by Martha Pittman, MST Council member and Anne Steele, Oakridge MST co-chair to talk about the history and current challenges as they continue to develop the trail. The ladies plan to dine at Bistro 150 after the hike and maybe even stop in at the Historic Old Mill for fresh ground grains and local homemade products.



The Woman's Club of Southwest Guilford will be selling Raffle tickets for the pictured fire pit and accessories/enhancements (totaling over \$350). Tickets are \$5.00 for 1, \$10 for 3 and \$20 for 10. The drawing will be held October 3, just in time for a great fall outdoor gathering.

The proceeds of this raffle are in turn donated back into their community. They have donated over \$32,000 since 2013 when the club was established.

Eleanor Oliver serves as president of this club and you can follow them on [Facebook](#).

Club Spotlight: GFWC-NC Mocksville Woman's Club

The Woman's Club of Mocksville, NC, was organized with 47 members and received its GFWC charter in April of 1962. Luncheon meetings were held at the Manor House at Tanglewood. The object of this organization was to be involved in the educational, civic, cultural, domestic and social issues of the community.

Since 1962 the GFWC-NC MWC has pursued a variety of projects and has given financial aid to many deserving organizations within our community, our state and the world. Their history proves that they have been true to GFWC and GFWC-NC's emphasis on women and their accomplishments while providing the right to become involved in contemporary issues and projects with a positive attitude for the future. GFWC-NC MWC wants to continue to make a difference and to meet the demands of a new era with a vision and a mission that addresses the GFWC motto of "Unity in Diversity". GFWC-NC MWC – a diverse group of women who are united in their volunteer efforts.

The GFWC-NC MWC supports so many wonderful agencies in helping to meet their needs that a complete list would be difficult to compile. However, the following is a sample of the work : In support of literacy in the schools, the club has provided dictionaries to students for over 10 years, and has supported Hunger Fighters in Davie County Schools with financial gifts and donations. Over the years MWC has proudly supported Big Brothers, Big Sisters, Davie Community Foundation, Davie County Arts Council, Davie County Public Library, Davie County YMCA, Domestic Violence, Dragonfly House, Habitat for Humanity, Heifer International, Operation Smile, Pearls of Empowerment, Smart Start, S.T. E. M. Program in Davie County Schools, and A Storehouse for Jesus. They are proud to offer two college scholarships – one for an academically gifted female senior and a community college scholarship for a male/female deserving high school senior.

At this year's September meeting club members enjoyed being back together and were thrilled to induct two new members into their club, and honor two members for length of service to the club.



Mocksville Woman's Club president Paulette Agha honors Elke Albrecht with her 30-year pin



Mocksville Woman's Club president Paulette Agha honors Pat Cranfill with her 20-year pin



Mocksville Woman's Club President Paulette Agha presents GFWC pins to two new members – Virginia Brannon and Elizabeth Seymore



GFWC-NC District 4 President Vanessa Lowder was privileged to install two new officers for the Mocksville Woman's Club: Kay Bolick as First Vice President/President Elect and Linda Dorsett as Second Vice President (Membership)